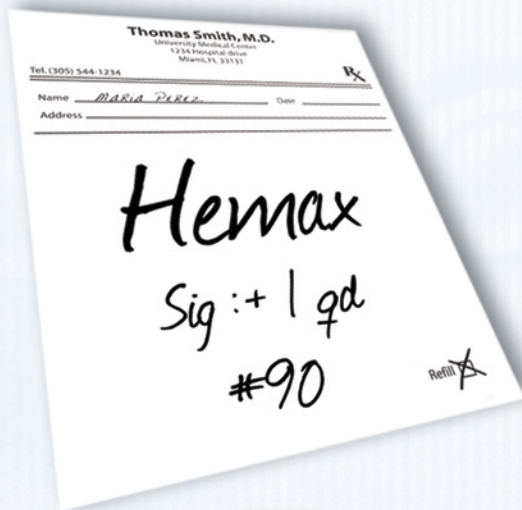


HEMAX[®]

LAYERED HEMATINIC CAPLET

The Building Blocks Necessary for **Red Blood Cell Production**

- **Carbonyl Iron**
Fine spherical size, more bioavailable, less toxic, Low GI upset, 98% pure
- **Vitamin B-12 plus Intrinsic Factor**
To maintain normal erythropoiesis
- **Vitamin C**
To maximize iron absorption
- **Docusate Sodium**
To help prevent constipation



Iron Source*	Amount Equal to 150mg Elemental Iron
Carbonyl Iron	153mg Non-Elemental Measure
Ferrous Sulfate	750mg Non-Elemental Measure
Ferrous Gluconate	1250mg Non-Elemental Measure
Ferrous Fumarate	455mg Non-Elemental Measure
Iron Polysaccharide	326mg Non-Elemental Measure

*Reference:
Sacks, PV & DN Houchin, Comparative Bioavailability of Elemental Iron Powders for Repairing Iron Deficiency Anemia. *Studies of Efficacy & Toxicity of Carbonyl Iron. AM Journal Clin Nutrition*, 31.(4), 566-571, 1978a. Manoguerra, A. & Erdman A. Iron Ingestion: An Evidence-based Consensus Guideline for Out of Hospital Management *Clinical Toxicity*, 43: 553-570, 2005.

- Elemental Iron (as Carbonyl Iron)..... 150mg
- Vitamin C (as Ascorbic Acid)..... 500mg
- Docusate Sodium..... 50mg
- Vitamin B-12 (as Cyanocobalamin)..... .60mcg
- Folic Acid..... .1mg
- Vitamin E (as dl-Alpha Tocopheryl Acetate)... 30 IU
- Copper (as Cupric Sulfate)..... 3mg
- Biotin..... .150mcg

The Once Daily,
Tolerable Iron

