



# Why use skin refrigerants?

*“...effective treatment of pain is necessary to respond to patients’ increasing expectations for health care and new standards...set by accrediting bodies.”*

— Joint Commission on Accreditation of Healthcare Organizations (JCAHO).<sup>1</sup>

Topical anesthetic skin refrigerants are a practical, simple, and effective way to temporarily reduce the pain associated with injections or minor surgical procedures.

At the most fundamental level, alleviating pain is the basis of healthcare’s humanitarian mission. Pain can have long lasting physiological and psychological effects on patients. “The Joint Commission believes the effective management of pain is a crucial component of good care,” stated Dennis S. O’Leary, M.D., President, JCAHO.<sup>2</sup> According to the American Academy of Pediatrics and the American Pain Society, “Local anesthetics and strategies to soothe and minimize distress should be considered even for simple procedures, such as venipuncture.”<sup>3</sup>

Gebauer’s Pain Ease® nonflammable instant topical anesthetic skin refrigerant temporarily controls pain associated with injections, minor surgical procedures, starting IV’s and venipunctures. Gebauer’s Pain Ease can be used on skin, minor open wounds, and intact mucous membranes (oral cavity, nasal passage ways, and lips). No waiting as with anesthetic creams. No prescription to write for each patient. Temporary numbing lasts up to one minute and can be reapplied as needed. Available in 3.5 fl. oz. Mist Spray and Medium Stream Spray aerosol cans.

*Do not spray in eyes. Freezing may alter skin pigmentation.*

## Order Now!

**Gebauer’s Pain Ease Mist Spray** P/N# 00386-0008-02

**Gebauer’s Pain Ease Medium Stream Spray** P/N# 00386-0008-03

<sup>1</sup>Berry P., Dahl J.L., Donovan M.I., Fine P.G., Miaskowski C., Stillman M., Syrjala K. *Improving the Quality of Pain Management Through Measurement and Action*. March 2003; page 1. Monograph retrieved Dec. 2005 from [jcaho.org](http://jcaho.org).

<sup>2</sup>Dennis S. O’Leary, M.D., President, JCAHO. *Joint Commission Focuses on Pain Management*. Press release, 1999, Aug. 3. para. 5. Retrieved Dec. 2005 from [jcaho.org](http://jcaho.org).

<sup>3</sup>American Academy of Pediatrics and American Pain Society. *The Assessment and Management of Acute Pain in Infants, Children and Adolescents*. *Pediatrics*, Vol. 108 No. 3, September 2001, page 794.

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